



CERTIFICATE

OF PARTICIPATION

This is to certify that

Gabriel Nel

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:03:33

PACE 05:46/km **OVERALL** 120 of 834

GENDER 99 of 563

SENIOR (20- 67 of 291

39)

08 July 2023, Sat

Date



Signature